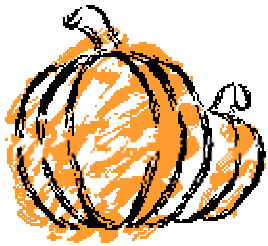


Halloween Treats Recommended by the Nutrition & Wellness Committee



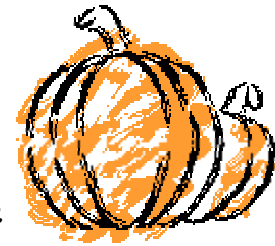
Think - Does this snack or favor generate waste?



THINK—Does it have nutritional value besides being festive?



We've come up with some great healthy ideas for classroom parties that won't break the bank and are eco-conscious too. We tried to take into account snacks that reflect the produce in season and that do not generate a ton of trash (wrappers, etc.). These are just *SOME* ideas. Use your own creativity. Kids will love it if it's **FUN!**



Be a real **GREEN** goblin! Reduce the Waste



Keep **ALL** Edna Kids Healthy! Let's work as a team!

PARTY FOOD

- For drinks—**WATER!!!** Yes- good old water. What an excellent thing ... to hydrate before a night of cavorting on candy!
- Popcorn
- Fresh fruit (orange fruit—cantaloupe or oranges)
- Fresh Veggies (orange in color — carrots)
- Apples dipped in vanilla yogurt
- Homemade pumpkin or apple bread or muffins (great seasonal item)
- Veggie chips or Taro /Yam chips (festive colors)

Please remember that we are a Peanut Alert School! All treats brought in for distribution must be Peanut Free!



ECO-FRIENDLY NON-FOOD ITEMS

- Spooky Band-aids
- Stickers
- Tattoos
- Sticky Notes (orange)
- Halloween pad of paper

Remember that the kids will all be sooooo excited to be together in their costumes, the party is just a super fun extra!



Made possible by the Nutrition and Wellness Committee at Edna Maguire